

Aotearoa New Zealand Association for
Cognitive Behavioural Therapies

Annual Conference + Workshop 2015

29-30th October, Waipuna Hotel Auckland

About the Conference

We are extremely fortunate to have [Professor Tracey Wade](#) from Flinders University, Australia as our guest speaker this year at the 2015 annual ANZACBT conference. Professor Wade is an award winning researcher and clinical psychology practitioner who has made a significant contribution to CBT and Clinical Psychology in a range of important fields, most notably eating disorders where she has over 20 years' experience. Other areas of expertise include medical psychology, transdiagnostic processes such as perfectionism, and mental health issues in youth. She has published 147 papers in these various fields.

Professor Wade will be presenting the pre-conference workshop "[Cognitive Behavioural Treatment of Clinical Perfectionism](#)" and the keynote address "[Prevention of Mental Health Problems in Youth: Searching Through the Hype for Evidence](#)" at the conference.

For more details about the evolving scientific and social programs visit cbt.org.nz/events/conference where we will be updating information on presenters, in-conference workshop, and conference presentation topics as they are finalised.

Call for Papers

Open Paper Presentations are an opportunity to present your research, a case study, or theoretical idea, to a wide audience of like-minded individuals interested in CBT. It is an opportunity to showcase your work as well as a great chance to meet other trainees, students, researchers, and clinicians. If you are interested in presenting your work at the conference, please fill in your details by [17 July](#) at cbt.org.nz/events/conference/paper-submission.



Waipuna Hotel

Situated in Mount Wellington, the Waipuna Hotel offers 4-star accommodation and is set amongst 6.26 acres of parkland overlooking a lagoon, which offers a charming walk around its perimeter.

visit
cbt.org.nz/events/conference
for registration & additional information

for conference-related enquiries, email conference@cbt.org.nz